Family Devotion Formula Devotion Wait Lifters"



"If I want to do God's Plan then I have to have God's Power!"



"...pray for each other...The earnest prayer of a righteous person has great power and produces wonderful results." - James 5:16

For this devotion, you need to think of something you can have each of your kids do that they can't do by themselves. For example, you may place an item out of reach and ask them to get it, and then lift them up to help them reach it. Or you could tell them to stand on their heads and then hold up their legs to help them. After they have done what you asked, talk about the following questions.

- What are some other things that you can only do with someone else's help?
- · What are some things you couldn't do when you were younger without help, but you can do now?
- · What are some things you wouldn't know how to do if someone hadn't taught you? (Think of things like tie shoes, swing a bat, brush teeth, etc.)

Explain to your kids that God didn't create them to be able to live without anyone's help. Remind them of the story of Moses and Joshua in Exodus 17 where Moses helped Joshua by raising his hands and praying for him while he was in battle, and Aaron and Hur helped Moses by holding up his arms when he got tired. Tell them that we all need people in our lives to pray for us and help us when life gets hard. Then ask them these questions:

- · Who prays for you and helps you when you need it?
- · Who can you pray for and help right now?

Finally, pray together, thanking God for the people he's put in your lives to hold you up by praying and helping you. Ask him to show you people to serve by praying and helping them, too.

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Family Devotion (For Ages 12 & Older) "Wait Lifters"

What's my purpose in life? Why did God place me here on earth? What am I supposed to accomplish while I'm here? Those are the kinds of questions that many of us think about at some point in our lives. Some people know early on what God's plan for them is, while others may not know for years. Regardless of what your purpose is, God has not given you the ability to accomplish it without help from other Christians. Talk about the following questions:

- What are some things you think God might be asking you to do, both short term and long term?
- What are some things you think he might want you to do that you can't do on your own?
- Can you think of some times in the past when others have helped you accomplish something you couldn't have done by yourself? If so, discuss those things.
- Can you think of something you've helped someone else accomplish that he or she couldn't have done without your help?
- Why do you think God asks us to do things that we can't do by ourselves?
- Why do you think it's important to have people praying for you?

Whether or not you have an idea of what God wants you to do while you're here on earth, you can start preparing now by finding people to pray for you. You may be surprised to find that as people continue to pray for you, you'll begin to understand more and more what God has planned for your life.

Pray that God will help you find people who will support you and pray for you as you accomplish the goals he has for your life. Thank him for the purpose he's placed you on earth for, even if you're not completely sure what it is.

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